

## 2023 Cross Country Schedule

Aug 22nd 4pm @ Home: WP, Sallie B, Crossroads Christian

Sept 7th 4:15 @ Home: Iron Academy, WP, Wanye

Sept 12th 4:15 @ Wayne Prep

Sept 14th 4pm @ Mt. Zion

Sept 19th: 4pm @ Crossroads Christian

Sept 26th: 4:15 @ Home: Sallie B, IA, Wayne, Youngsville

Oct. 6th @ 7:15 Wilson Christian By the Moon Nighttime Run (flashlights/headlamps required)

Oct 20th conference

Oct 28th CC States

## Practices: After school M,W,F 3:50-5pm



"Do not let anyone look down on you because you are young but be an example to all believers in speech, in conduct, in love, in faith and in purity." 1 Timothy 4:12